December 2023 TCECAUTISM PARENT NEWSLETTER Rachel Brackett, M.A., LPC-A Chelsea Rank, LCSW, Lacey M. Williams, M.S., LPC-S

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How to speak to your child or others about their Autism Spectrum Diagnosis (ASD): Students with ASD may feel different than their peers. Students with ASD may recognize how they interact with others and the environment differently than peers. Differences may make life better or more challenging at times. ASD students and peers can learn to embrace many differences through awareness. Books/stories can help individuals with ASD and others better understand Autism; as well as encourage others to "just ask" when they may not understand something. Below are a few books to consider:



We understand every family has unique challenges, so if you would like assistance with what you struggle with the most, please reach out.

Would you like more information regarding a strategy we have sent home?

Is it hard to balance life as a parent? We want to know, so we can help!

Please email the ABC coach at your district or complete link to google form below:

https://forms.gle/ fSGL8D5RAHRuHvaT8



AUTISM WEBSITES/RESOURCES

Texas SpedSupport- Evidence-Based Practices for students with Autism

28 online courses which target: Reinforcement, Differential Reinforcement, Prompting, Modeling (along with Video Modeling), Task Analysis, Antecedent-Based Interventions, and Visual Supports

https://spedsupport.tea.texas.gov/learning-library/evidence-b ased-practices-students-autism

ACCEPT - UNDERSTAND - LEARN!